

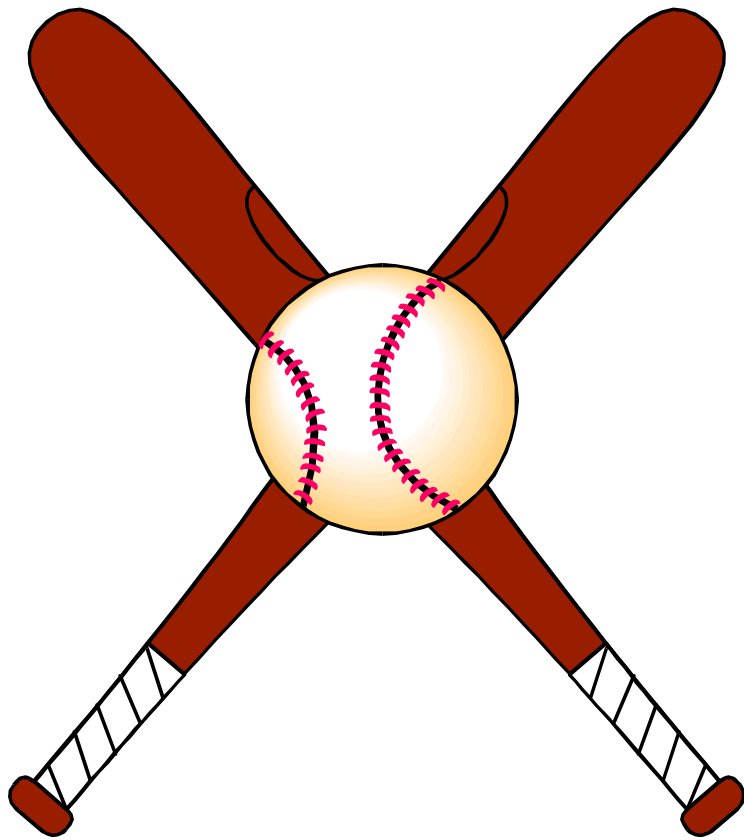
Safety Awareness



There Are Inherent Risks to Playing Softball

- People are going to get hurt- it is part of the game.
- This guide was made to assist people in educating it's members to minimize risks and prevent unnecessary injuries.
- ASA is doing what it can to show it is taking steps to educate people and keep them safe.

Keeping People Safe is a Priority of ASA



1. Classifications of play
2. Bat list
3. Ball regulation
4. Equipment regulations
i.e NOCSAE Seal,
helmets, face masks,
double first base, &
catchers mask

Basic First Aid Principles

- First Aid kit for coaches & players
- R-I-C-E
 - Rest
 - Ice
 - Compression
 - Elevation
- Heat Related Injuries
 - Exhaustion
 - Stroke
 - WATER!!!

Always Be Aware of Field Conditions

- Be aware of holes, depressions, sprinkler heads, and other hazards.
- Check field for other sports equipment- i.e.. Football sleds, soccer goals, or little league pegs
 - Check backstop and all fences
- Go over any possible hazards with the teams in your pre-game.



Lightning Safety



- Keep an eye on weather conditions.
- When weather becomes dangerous, suspend play.
Encourage players and spectators to take cover.
- When determining whether or not to suspend play, the umpire should use common sense and good judgment.
- If activity is suspended due to lightning, the umpire should wait at least 30 minutes after the last lightning flash or sound of thunder prior to resuming activity.



Lightning Safety



NO LIGHTNING SAFETY GUIDELINES CAN GUARANTEE ABSOLUTE SAFETY. THE NATIONAL WEATHER SERVICE STATES THAT EACH YEAR MORE THAN 400 PEOPLE ARE STRUCK BY LIGHTNING AND, ON AVERAGE, 70 PEOPLE ARE KILLED EACH YEAR BY LIGHTNING. IT IS THE RESPONSIBILITY OF EVERY PERSON TO BE AWARE OF WEATHER CONDITIONS AND TAKE APPROPRIATE ACTION TO PREVENT OR MITIGATE THE RISKS OF WEATHER RELATED INJURIES. PLEASE USE COMMON SENSE AND GOOD JUDGEMENT. PLAN AHEAD AND REMAIN AWARE OF YOUR SURROUNDINGS.

Physical and Sexual Abuse

- Reporting
- Resources
- Zero Tolerance Policy
- Signs and Symptoms
- ASA Background Check Policy